

Professional Team



Paul J. Gleason, PT

The owner of *Physical Therapy Complete*, Paul Gleason specializes in the rehabilitation of sports, orthopedic and industrial injuries, treating both teens and adults. His patients have included both professional and amateur athletes and dancers. He continues to enjoy treating “weekend warriors” and young athletes as well as patients from all walks of life. With a passion for patient care, Paul’s focus in his clinics is to take time with each patient and make sure they receive the highest level of personal attention in a “family” environment. Paul says, *“Creating a positive and friendly environment helps our patients work hard to achieve optimum results from their time in physical therapy”*.

During his career, Paul has worked closely with leading orthopedic surgeons in the Valley where he developed the foundations for his therapy programs. Prior to opening Physical Therapy Complete, Paul was the Director of Physical Therapy at The Orthopedic Clinic Association (TOCA) where he led the development and management of a multi-office physical therapy practice and developed a particular expertise in working with complicated orthopedic cases.

Prior to joining TOCA, Paul managed all aspects of a physical therapy department at the Center for Sports Medicine and Orthopedics in Phoenix. As Director, Paul managed a staff of twenty with an average volume of 100 patients a day. He worked with professional, Olympic and world-class athletes on a daily basis and was responsible for the rehabilitation of Phoenix Suns players. He was also the therapist for Ballet Arizona and continues to see dancers for their injuries.

Early in his career, Paul worked as a physical therapist in various settings including hospital, private practice and home health care. He also spent three years in Saudi Arabia as Director of Outpatient Services where he was responsible for treating members of the Saudi Royal Family and key government officials.

Paul received his Physical Therapy degree from Ohio State University in 1977. Licensed in the State of Arizona, he is a member of the American Physical Therapy Association (APTA), the Arizona chapter (AZPTA) and a credentialed physical therapist of the physical therapy networks – ISN, PTP and PTPN.

Paul and his staff of experienced professionals ensure they stay current on the latest advances in physical therapy to provide their patients with the best possible care.